

Calaamadaha guud

Kaadida badan

Harraad daran

Miisaan lumid

Daal badan

” Sunta aysiidka [ketoacidosis] waa xaalad aad u halis ah oo dhici karta marka aan la daawayn nooca 1 ee sonkorowga – gaar ahaan carruurta yaryar, halkaas oo ay si dhakhso ah khatar ugu noqon karto nolosha. Haddii aad ka shakisan tahay nooca 1 ee sonkorowga, si degdeg ah u raadi daryeel caafimaad – mar walbana ku adkayso in lagaa qaado baadhitaan dhiig.”



*/Anna-Lena Fureman,
Dhakhtarka carruurta ah, cilmi-baadhe
ku takhasusay nooca 1 ee sonkorowga ku
dhaca carruurta iyo dhallinyarada.*

Raadi kaalmo caafimaad si dhakhso ah haddii aad shakido

Haddii aad ka shakido nooca 1 sonkorowga, kala xidhiidh adeeg bixiye caafimaad si dhakhso ah.

Baadhish dhiig oo yar oo lagaa qaaday ayaad si dhakhso ugu heli kartaa jawaabtaba.

Nooca 1 ee sonkorowga waa midka ugu caansan ee xanuunada muddada dheer jiidama ee khatarta ku ah nafta kaasoo ay qabaan carruurta ku nool Sweden, oo wuuna soo badanayaa, gaar ahaan carruurta yar-yar. Isla wakhtigaas, tirada carruurta ee xaalad caafimaad dhakhtarka loo dhigay ee ah suntan aysiidha [sumaw] – xaalad si dhakhso u noqon karta mid nolosha halis galin kara, sidoo kale wuu soo badanayaa.

*Ma caadi
baa taas?*

Baro wax badan oo ku saabsan
nooca 1-aad ee sonkorowga adigoo
booqanaya barndiabetesfonden.se



Barndiabetesfonden
För kampen mot typ 1-diabetes



Svenska Barnläkarföreningen
The Swedish Paediatric Society



Barndiabetesfonden
För kampen mot typ 1-diabetes

*Ma caadi
baa taas?*

**Waxay noqon kartaa
nooca 1 ee sonkorowga.**